

SPRING MENU

Menu 1	<u>Stuffed Polenta Squares</u> (Gluten Free)	<u>Negele Boran</u> (Gluten Free)	<u>Kai Saeng</u> (Gluten Free)	<u>Seitan Korma</u>	<u>Nama Mayi</u> (Wheat Free)	<u>Potage</u> (Gluten Free)	<u>Pumpkin Baked Rotini</u>	<u>Tofu Pizza</u> (Possible GF)
DESSERT OF THE WEEK: TIRAMISOTTO								
Menu 2	<u>Inca Harvest</u> (Gluten Free)	<u>Kale N'Amara</u> (Gluten Free)	<u>S'Arenalet</u> (Gluten Free)	<u>Basmati Nut Pilaf</u> (Gluten Free)	<u>Rooibos Dhal</u> (Gluten Free)	<u>Soupshi</u> (Gluten Free)	<u>Greek Lasagna</u>	<u>Lentil Pamboli</u> (Possible GF)
DESSERT OF THE WEEK: VANILLA CUSTARD (Gluten Free)								
Menu 3	<u>Quinoa Primavera</u> (Gluten Free)	<u>Tossals Verds</u> (Gluten Free)	<u>Lentils de Pareis</u> (Gluten Free)	<u>Massanelli</u> (Gluten Free)	<u>Barley Ginger Stew</u> (Wheat Free)	<u>North African Stew</u> (Gluten Free)	<u>Linguini Abruzzo</u>	<u>Chili Sin Carne</u>
DESSERT OF THE WEEK: ORANGE FLAN (Gluten Free)								
Menu 4	<u>Tarte du Marche</u> (Gluten Free)	<u>Broccoli Pomodoro Quiche</u> (Gluten Free)	<u>Frijoles Rancheros</u> (Gluten Free)	<u>Gallo Pinto</u> (Gluten Free)	<u>Punjabi Stew</u> (Gluten Free)	<u>Corn Chowder</u> (Gluten Free)	<u>Pad Thai</u>	<u>Bean Cassoulet</u> (Possible GF)
DESSERT OF THE WEEK: COCOA GLACE TART (Gluten Free)								
Menu 5	<u>Galatzo</u> (Gluten Free)	<u>Black Bean Cheddar Enchilada</u>	<u>Arros de Sa Tudossa</u> (Gluten Free)	<u>Ciuro d'Alfobia</u> (Gluten Free)	<u>Estofat de Llenties</u> (Gluten Free)	<u>Caldereta</u> (Gluten Free)	<u>Lasagna d'Almedra</u>	<u>Tuna Friendly Salad</u> (Possible GF)
DESSERT OF THE WEEK: CHOCOLATE PUDDING (Gluten Free)								