

WINTER MENU

Menu 1	Gluten-Free Macaroni & "Cheese" (Gluten Free)	<u>Lentejas</u> (Gluten Free)	<u>Quinoa L'Antiga</u> (Gluten Free)	<u>Pumpkin Cream</u> (Gluten Free)	Tapi Kaeng (Gluten Free)	<u>Rosemary Chickpea Almesano</u> (Gluten Free)	<u>Sofrito de Pimientos y Chorizo</u>	<u>La Dolce Vitzza</u> (Possible GF)
DESSERT OF THE WEEK: OATASH								
Menu 2	Noodles in broth	<u>Tamarind Stew</u> (Gluten Free)	<u>African Stew</u> (Gluten Free)	<u>Quinoa Dolce e Salata</u> (Gluten Free)	<u>Tomato Walnut Burgers</u>	<u>Gokkusagi</u> (Gluten Free)	Tramuntana a l'hivern (Gluten Free)	<u>Calamata Pudding al Pomodoro</u>
DESSERT OF THE WEEK: BROWN RICE PUDDING (Gluten Free)								
Menu 3	Spaghetti Peperonata	<u>Polenta Torta</u> (Gluten Free)	<u>Italian Bean Stew</u> (Gluten Free)	<u>Sweet Squash Chickpea Tagine</u> (Gluten Free)	<u>Sesame Peanut Cauliflower</u> (Gluten Free)	Split Pea Stew (Gluten Free)	<u>Sloppita Joe's</u>	<u>Nomelette</u> (Gluten Free)
DESSERT OF THE WEEK: BROWNIE PUDDING (Gluten Free)								
Menu 4	<u>Pasta al All</u>	Macroloaf	<u>Nappa Rice</u> (Gluten Free)	<u>Sweet Vegetable and Bean Stew</u> (Wheat Free)	Tofu Ayara (Gluten Free)	<u>Tartiflette Coriandre</u> (Gluten Free)	<u>Garbanzos Tarragona</u> (Gluten Free)	Macro-Mediterranean Brunch (Possible GF)
DESSERT OF THE WEEK: PANACOTTA (Gluten Free)								
Menu 5	Pasta alla Salsa di Zucca	<u>Moroccan Stew</u> (Gluten Free)	<u>Chili</u> (Gluten Free)	<u>"Bacon" 'n Beans</u> (Gluten Free)	<u>Glazed Peach Somasi</u> (Gluten Free)	Arrós Bó (Gluten Free)	Veggie Loaf with Pepper Sauce (Gluten Free)	<u>Pizza Azteca</u>
DESSERT OF THE WEEK: FLOURLESS CARROT CAKE (Gluten Free)								